

THE HEALTH CONNECT

NASHVILLE  CARES



THE FRONTLINE

Many of the clients we serve struggle to keep jobs and permanent housing. One of their greatest barriers is not having access to communication tools such as email or a cell phone.

Thanks to a generous donation, Nashville CARES has provided cell phones and data cards to clients facing these obstacles. **As a result, multiple clients have found permanent housing for the simple fact that they could answer a phone call.**

- In 2020, Nashville CARES served a total of 8,715 clients living with HIV
- Our case management team spent 20,965 hours caring for 2,430 clients
- Our Behavioral Health & Peer Support specialists spent 7,462 hours providing mental health assistance for 1,848 clients
- More than 28,000 hours of client support
- Our Insurance Assistance Program provided 5,837 people with financial aid covering premiums, copays, deductibles, and dental health fees

MY HOUSE CLINIC IS THE ONLY FACILITY PROVIDING HIV RAPID INITIATION IN MIDDLE TENNESSEE.

RAPID INITIATION

Our full-service My House Clinic, which opened during the COVID pandemic, has now served more than 170 patients by providing confidential testing, counseling services, pre-exposure prophylaxis (PrEP), and prescriptions for individuals at high-risk for exposure to HIV. Since opening on September 1, we have provided 37 uninsured people with their first medical visit, which includes a complete exam and labs. Each uninsured visit generates \$2,200 in unfunded costs which require fundraising efforts.

The clinic now gives us the opportunity to provide Rapid Initiation for those testing positive for HIV. Studies show that 96% of those newly diagnosed with HIV who get into treatment within 24 hours become virally suppressed within two months, significantly reducing the rate of HIV transmission.



The clinic team includes L-R, Medical Assistant Kelana Love, Nurse Practitioner Kim Rivers, and Clinic Coordinator & Patient Ambassador Charles Brown.

[MYHOUSENASHVILLE.ORG/CLINIC](https://myhousenashville.org/clinic)

TESTING TESTING

Nashville CARES is now providing free drive-thru HIV, HCV, syphilis, and COVID testing on Tuesdays and Thursdays from 9:00 a.m. - 2:00 p.m. All test results come back the same day. If someone tests positive for HIV, My House Clinic team can get them into treatment in less than 24 hours.

If you would like information about HIV, HCV, syphilis, or COVID testing, or have an emergency HIV testing need, please call (615) 761-4474.



THE ESSENTIALS

NUTRITION: In the first two months of this year we have provided 1,604 unduplicated services including Amazon Fresh, Butterball vouchers, regular food bags, open & eat bags, frozen meals, and fresh produce. This much-needed nutrition provided 811 families, including 84 children and 107 senior citizens healthy meals.

TRANSPORTATION: Nashville CARES has also provided 856 gas cards and rides to medical appointments for those living with HIV.

IN DINING OUT FOR LIFE NASHVILLE

We invite you to join us for the 19th Annual Dining Out For Life® on Tuesday, April 20, 2021. We know 2020 was hard on everyone. This year's event not only helps Nashville CARES to end the HIV epidemic in Middle Tennessee, but it's also an opportunity for all of us to support our local restaurants and their staff. Local restaurants participate by contributing 25% to 100% of gross sales from breakfast, lunch and/or dinner services. Please plan to dine out, grab takeout or curbside service on April 20th, and help change lives!

WE NEED VOLUNTEERS! Become a Virtual Host. For more details or to sign up fill out this brief [form](#).

You'll find sponsorship opportunities and a list of participating restaurants, updated daily, at DiningOutForLife.com/Nashville.



DONATE TODAY!