

CELEBRATING

25

YEARS OF HOPE  
& COMPASSION

ONE

PERSON AT A TIME



NASHVILLE CARES





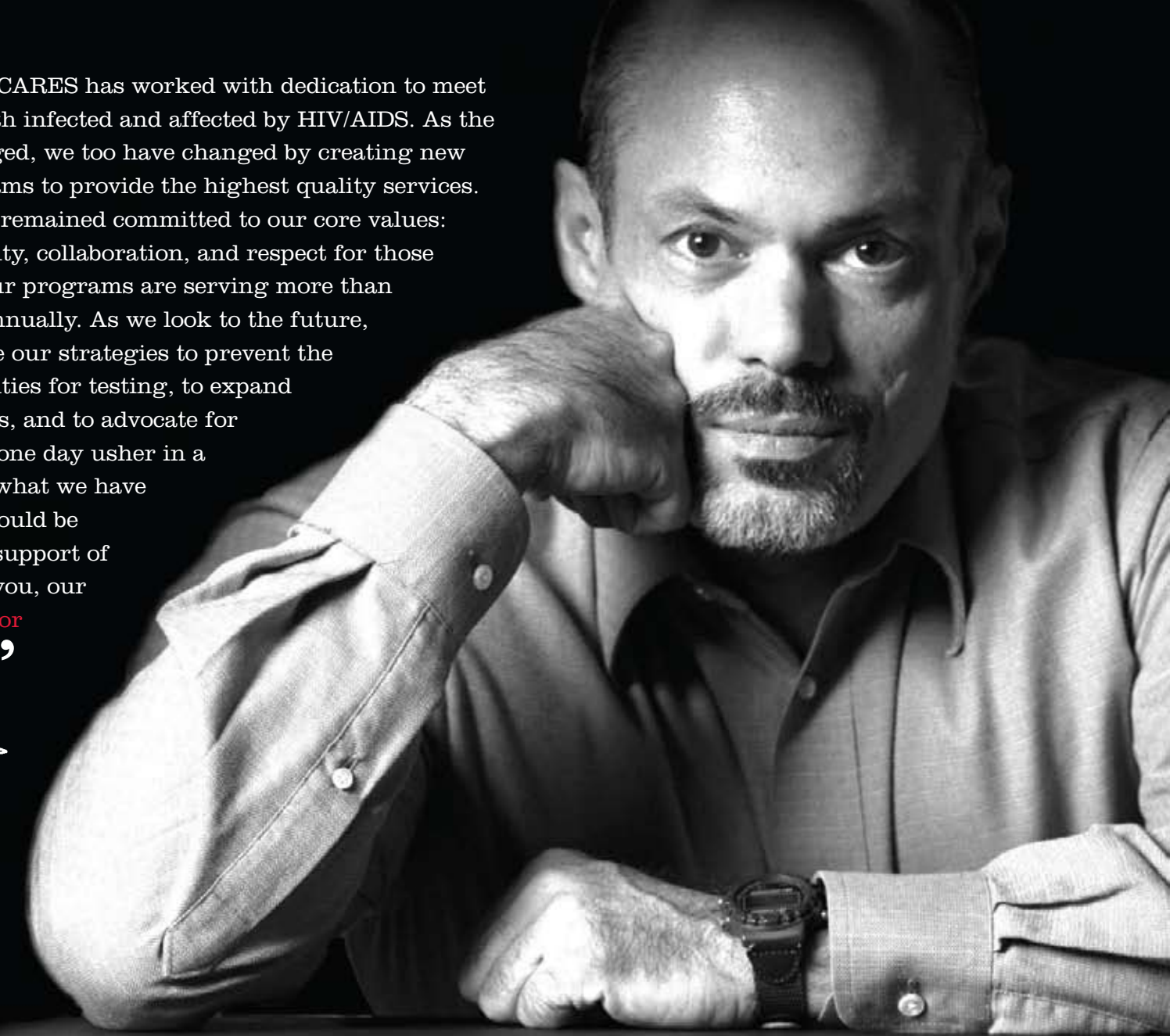
## MISSION STATEMENT

Nashville CARES promotes and participates in a comprehensive and compassionate response to HIV/AIDS in Middle Tennessee.

Our purpose is to educate the community for increased understanding and prevention of HIV transmission, to advocate for responsible public policy, and to provide services that improve the quality of life for people with HIV/AIDS and their families.

“During the last 25 years, Nashville CARES has worked with dedication to meet the needs of Middle Tennesseans both infected and affected by HIV/AIDS. As the needs of our community have changed, we too have changed by creating new services and redesigning old programs to provide the highest quality services. Throughout these changes we have remained committed to our core values: accountability, transparency, diversity, collaboration, and respect for those infected and affected alike. Today our programs are serving more than 65,000 men, women and children annually. As we look to the future, we will continue to strive to improve our strategies to prevent the spread of HIV, to increase opportunities for testing, to expand access to healthcare and our services, and to advocate for responsible public policies that will one day usher in a world without AIDS. None of this—what we have accomplished or hope to achieve—would be possible without the extraordinary support of the Middle Tennessee community—you, our donors and volunteers. **Thank you for 25 years of Hope and Compassion.**”

Joseph Interrante, Ph.D.  
Chief Executive Officer



1982  
First cases of AIDS in Tennessee

1985  
Nashville CARES Founded

1986  
Artrageous launched

1989  
Nashville AIDS Walk started

1990  
240 HIV+ Clients  
20% African American  
10% Women

1991  
Education:  
African American Outreach launched

1993  
Education:  
First Person started for youth

1993  
Services:  
Rural Staff;  
Expanded Housing Assistance

1994  
Education:  
Sista2Sista formed for women

1994  
Services:  
Outwardly Deployed Case Management;  
A&D Treatment started

1995  
Services:  
HEARTLine and Meals Program started;  
Food Pantry expanded

1995  
1,000+ HIV+ Clients  
37% African American  
19% Women



1996  
Education:  
Brothers United for African American gay/bisexual men started

1996  
Services:  
Interfaith CARE Teams;  
Mental Health and Alcohol & Drug Treatment licensed

## CLIENT SERVICES

Nashville CARES offers those living with HIV/AIDS, their families, spouses, partners, and significant others a unique combination of services, resources, information, and referrals to help them meet the challenges of HIV disease and live with HIV/AIDS with independence and dignity.



**152,950 meals**  
PROVIDED TO ALMOST  
1,300 PEOPLE WITH HIV/AIDS



**2,800 crisis calls**  
ANSWERED BY OUR  
HEARTLINE



**2,000 hours**  
OF INDIVIDUAL AND  
GROUP COUNSELING

**1,540 hours**  
OF SUBSTANCE ABUSE  
THERAPY

**1,140 clients**

HELPED TO FIND AND  
KEEP HOUSING

**\$340,000**  
IN RENT & UTILITY  
ASSISTANCE

**9,600**

BUS PASSES AND GAS VOUCHERS  
DISTRIBUTED

**10,900 hours**  
PLANNING & ADVOCACY TO  
HELP MORE THAN 1,700 PEOPLE  
LIVING WITH HIV/AIDS FIND  
NEEDED RESOURCES



**1,600 people**

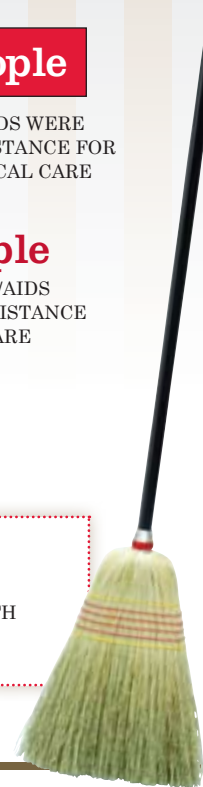
LIVING WITH HIV/AIDS WERE  
GIVEN FINANCIAL ASSISTANCE FOR  
MEDICINE AND MEDICAL CARE

**700 people**

LIVING WITH HIV/AIDS  
WERE PROVIDED ASSISTANCE  
FOR DENTAL CARE

**3,100 hours**

CARE TEAMS PROVIDED HELP WITH  
HOUSEHOLD CHORES



Being a volunteer at Nashville CARES is a meaningful and rewarding way for individuals to join the fight against HIV/AIDS. More than 400 volunteers help support every department and program at Nashville CARES, including Education, Testing, Client Services, Fundraising and Marketing, Administration and Special Events. Direct Services volunteers deliver food to clients, work in our food pantry, prepare and serve lunch to clients, and answer calls to the HEARTLine. Members of CARE Teams clean clients' homes and yards, drive them to the doctor, grocery or pharmacy, and offer friendship and support. Education volunteers speak to community groups, staff booths at community events, serve as peer educators to individuals at risk for infection, distribute prevention materials, and work on research projects. And, of course, none of CARES' special events, such as the AIDS Walk and Dining Out for Life, could happen without the help of volunteers.



## FINANCIAL SUPPORT

Becoming a financial supporter is another way to get involved with Nashville CARES. CARES relies on the support of our local community to continue our life-changing mission. None of this would be possible without it. While government grants partially underwrite many programs, every service and education program relies in part upon individual, corporate, foundation and religious gifts, as well as special events revenue. For more information or to contribute online, visit [www.NashvilleCARES.org](http://www.NashvilleCARES.org).

1997

**Education:**  
Internet Outreach  
& Education

**Services:**  
Frozen Meals introduced  
to respond to new  
HIV treatments

1999

**Advocacy:**  
CARES joins  
AIDS Action

**Education:**  
HIV Testing started;  
Positive Embrace for HIV  
positive women launched

2000

**Services:**  
CARES partners with  
Comprehensive Care Center  
for OB/GYN services



2001

**Education:**  
Survivor Club formed  
for high school youth

**Services:**  
Health Insurance  
Assistance started

2003

**Education:**  
Young Brothers United for  
African American gay/bisexual  
men started

2004

**Advocacy:**  
CARES joins Southern AIDS Coalition;  
Case Management incorporates  
medical outcomes

2005

**Education:**  
Healthy U formed for  
HIV+ men and women



2007

**Services:**  
Early Intervention Services formed;  
Tennessee AIDS Advocacy Network formed

**EDUCATION**

Nashville CARES Prevention Education offers an array of culturally sensitive counseling and educational programs and services to stop the spread of HIV, and to help people face the emotional, psychological, social and/or other challenges of living with HIV/AIDS.

educated **12,600 women** to protect their health

educated **6,400 teenagers** about **HIV prevention**

educated **32,000 gay, lesbian, bisexual, transgender** individuals about HIV

distributed **179,000 direct prevention materials** to protect their health

tested **12,900** individuals for HIV and linked those who tested positive (53) to care and support



2008

**Education:** HIV Testing expanded to hospitals and ERs with Rapid Testing

**Services:** Health Insurance assistance expands statewide

**NASHVILLE HAS AIDS** Campaign launched



2010

Second Saturdays introduced; Community Research Projects started

2011

Nashville CARES moves to 633 Thompson Lane



NASHVILLE CARES 615-259-4866 | [www.NashvilleCARES.org](http://www.NashvilleCARES.org)



“With help from Nashville CARES,  
I’m LIVING with HIV, not dying  
from HIV.”

— ALLEN

“I have been HIV positive for  
25 years. It’s really a comfort to  
know that Nashville CARES is  
there for me!”

— ROBERT

“I was diagnosed with HIV in 2001.  
I didn’t know what to do, so  
I turned to drugs and alcohol.  
I went to Nashville CARES for  
support, and they helped me  
overcome my struggles.”

— EVELYN

“In 2000 my brother called me and  
told me he had tested positive for  
HIV, so I immediately called  
Nashville CARES. Nashville  
CARES has helped me remain  
passionate in the fight against  
HIV/AIDS. This disease does not  
discriminate and touches  
everyone. Thank goodness for  
Nashville CARES!”

— KATE

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Joseph Interrante, Ph.D.  
Chief Executive Officer

NASHVILLE CARES

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Nashville, TN 37204



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